



The Happy Sandwich



Instructions

Smile, it's lunchtime! That's exactly what your little one will be doing as soon as they set eyes on a Happy Sandwich.

First, make a sandwich with wholewheat bread (we used chicken for our filling, but you can use whatever you've got to hand).

Then, for a smiley face like this one, you'll need a red pepper, some cucumber slices, a few raisins, a carrot with the skin removed and then peeled the long way (celery works too), and a small cheese square for the nose!